



# DIY MERIDIAN MASSAGE

## THE SIMPLE WAY TO BOOST YOUR IMMUNITY

\* REGISTRATION FORM \*

Targeted especially for the elderly, and all ages, Meridian Massage helps to clear the blockage in our body and thus helps to strengthen our internal organs and balance the 5 elements of our body.

It is therefore able to help relieve many common illnesses and pains such as migraine, stress, flu, asthma, sinus, sensitive nose, fever, PMS, constipation, acne, lethargic, and skin problems. Also learn:



<b>Date:</b>	<b>Saturday, 20 November 2010</b>
<b>Time:</b>	<b>9am – 1pm</b>
<b>Venue:</b>	<b>Level 2, Meeting Room.</b>
<b>Fees:</b>	<b>\$40 (Member) \$60 (Guest)</b>

- 1-minute effective massage for Man & Woman, to improve energy and vitality, healthier reproductive system, and balancing hormone levels.
- Massage to improve digestive system and detoxification (bloating stomach, indigestion, increase appetite)
- Simple steps to weight management, radiant skin and hair growth.
- This is a fully hands-on session; participants are expected to wear loose clothings for ease of massage.

**Closing Date: Friday, 6 November 2010**

**\*\*Minimum 10 participants to commence**

### Details of Participants:

S/No	Participant's Name	M/S No.	Member \$40	Guest \$60
1				
2				

Charges are subject to prevailing GST.

### Billing Particulars:

Name : \_\_\_\_\_ Membership No.: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ (R) \_\_\_\_\_ (Fax-R) \_\_\_\_\_ (Pgr/Hp)  
 \_\_\_\_\_ (O) \_\_\_\_\_ (Fax-O) E-mail : \_\_\_\_\_  
 Address: \_\_\_\_\_

### Terms & Conditions:

1. No telephone bookings will be accepted. All bookings must be made by submitting the completed registration form to the Main Reception, by fax to 6344 4476, by email at [EVENTS@sswimclub.org.sg](mailto:EVENTS@sswimclub.org.sg) or by mail to Katong PO Box 50, Singapore 914302.
2. Submission of this registration form is not proof of acceptance. Registration is on a first-come-first serve basis and will be confirmed in writing or through phone call to the member named above.
3. All billings will be debited to the member's account.
4. **Cancellations will be allowed 3 weeks before the event date; after which, requests for cancellations will NOT be entertained and the participant/s will be billed in FULL. No-shows will be charged the FULL price of the event**

I hereby agree to abide by the terms indicated above and certify that my guest/s is/are eligible to participate in the event. Further, I authorize the Singapore Swimming Club to debit the total charges to my account, being the fee(s) for the above event mentioned.

\_\_\_\_\_  
 Member's Signature/ Date