

# SINGAPORE SWIMMING CLUB

## Club Night #5 – Entry Form

(For SSC Registered Swimmers ONLY)

Friday, 30<sup>th</sup> July 2010, 6.00pm @ Competition Pool



Name of Athlete: \_\_\_\_\_ Age: \_\_\_\_\_

Account Number: \_\_\_\_\_ Squad: \_\_\_\_\_ Gender: M / F

Parents Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Email (\*mandatory): \_\_\_\_\_

**Participation fee is \$10.70 per swimmer. Fees will be waived for swimmer whose parents are volunteers for this meet.**

### Category of Events

(Please indicate the events you wish to swim by filling the distance and writing the stroke.)

No	Events	Time

Club Nights require parental supports and participations – we cannot run the meets without your assistance! Please circle below if you can help out:

**YES I'm available to help.**

**NO I'm unavailable to help.**

\*\* Thank you very much for your support! Your help is greatly appreciated for the smooth running of the meet. \*\*

**CLOSING DATE: Please return the completed entry form to the main reception or the swimming office by Sunday, 25<sup>th</sup> July 2010. \*Late Entries will not be accepted! \***

**ENQUIRIES** : Tel: 6342 3727 (Simon Linn) / Fax: 6440 6647

I, the undersigned, certify that the above information is correct and shall not hold the Club or its Organizing Committee responsible or liable for any injuries, accidents, mishaps, loss or damages that may occur in connection with participation of the above meet. I agree to comply with the Rules & Regulations of this event.

I am happy to allow my child to dive into the pool at depth 1.2m from starting blocks of height 0.75m from water surface and will advise my child accordingly.

I would prefer my child to utilise the poolside rather than the starting platform as their preferred entry to the swimming pool of 1.2 m depth and will advise them accordingly.

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Date

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	<b>Sex</b>	<b>Events</b>
1	Mixed	400m IM
2	Mixed	200m IM
3	Mixed	25m Fly
4	Mixed	50m Fly
5	Mixed	100m Fly
6	Mixed	25m Back
7	Mixed	50m Back
8	Mixed	100m Back
9	Mixed	400m Free
10	Mixed	200m Free
11	Mixed	25m Breast
12	Mixed	50m Breast
13	Mixed	100m Breast
14	Mixed	25m Free
15	Mixed	50m Free
16	Mixed	100m Free

**Elite (Coach Yuan)** - Swimmers can swim in a maximum of 2 events choosing from 100m Fly, 100m Back, 100m Breast, 100m Free, 400m Free and 400m IM

**Advance (Coach Zhang)** - Swimmers can swim in a maximum of 2 events choosing from the 100m Fly, 100m Back, 100m Breast, 100m Free, 200m Free and 400m IM.

**Intermediate (Coach Wang)** - Swimmers can swim in a maximum of 2 events. Choosing from 50m Fly, 100m Fly, 50m Back, 100m Back, 50m Breast, 100m Breast, 50m Free, 100m Free, 200m Free and 200m IM.

**Elementary 2 (Coach Tian)** - Swimmers can swim in a maximum of 2 events choosing 1 event from either 200m Free OR 200m IM and 1 event from any 50m events.

**Elementary 1 (Coach Sun)** - Swimmers can swim in a minimum of 2 events choosing from any 50m events.

**Beginner Level 3 and 4** – Swimmers can swim a maximum of 2 events from any 25m events.

Each coach will give guidance as to what events your children should swim. Please do not hesitate to communicate with the coach on this.