

Singapore National Age Group (Juniors and Seniors)



Competition Information

Competition: 41th Singapore National Age Group Swimming Championships 2010 –
Juniors (8 to 12 years)

| Details: | <u>Session</u> | <u>Date</u> | <u>Day</u> | <u>Competition</u> | <u>Warm-Up</u> |
|----------|----------------|---------------|------------|---------------------------|----------------|
| | 1 | 13 March 2010 | Saturday | 8:30 a.m. | 7:00 a.m. |
| | 2 | 13 March 2010 | Saturday | One hour after AM session | |
| | 3 | 14 March 2010 | Sunday | 8:30 a.m. | 7:00 a.m. |
| | 4 | 14 March 2010 | Sunday | One hour after AM session | |

Venue: Singapore Sports School Swimming Complex

Competition: 41th Singapore National Age Group Swimming Championships 2010 –
Seniors (13 years and above)

| Details: | <u>Session</u> | <u>Date</u> | <u>Day</u> | <u>Competition</u> | <u>Warm-Up</u> |
|----------|----------------|---------------|------------|--------------------|----------------|
| | 1 | 17 March 2010 | Wednesday | 6:30 p.m. | 5:00 p.m. |
| | 2 | 18 March 2010 | Thursday | 9:00 a.m. | 7:30 a.m. |
| | 3 | 18 March 2010 | Thursday | 6:30 p.m. | 5:00 p.m. |
| | 4 | 19 March 2010 | Friday | 9:00 a.m. | 7:30 a.m. |
| | 5 | 19 March 2010 | Friday | 6:30 p.m. | 5:00 p.m. |
| | 6 | 20 March 2010 | Saturday | 9:00 a.m. | 7:30 a.m. |
| | 7 | 20 March 2010 | Saturday | 6:30 p.m. | 5:00 p.m. |
| | 8 | 21 March 2010 | Sunday | 9:00 a.m. | 7:30 a.m. |
| | 9 | 21 March 2010 | Sunday | 6:30 p.m. | 5:00 p.m. |

Venue: Singapore Sports School Swimming Complex

Age Groups

Multiple Age Groups

| | |
|-----------------|---|
| 18 years & over | Date of birth on or before 1 January 1992 |
| 15-17 years | Date of birth between 2 January 1992 and 1 January 1995 inclusive |
| 13-14 years | Date of birth between 2 January 1995 and 1 January 1997 inclusive |

Single Age Groups

| | |
|----------|---|
| 12 years | Date of birth between 2 January 1997 and 1 January 1998 inclusive |
| 11 years | Date of birth between 2 January 1998 and 1 January 1999 inclusive |
| 10 years | Date of birth between 2 January 1999 and 1 January 2000 inclusive |
| 9 years | Date of birth between 2 January 2000 and 1 January 2001 inclusive |
| 8 years | Date of birth between 2 January 2001 and 1 January 2002 inclusive |

National Selection

1. 34th SEA Age Group Swimming Championships 2010 (3rd – 5th June 2010)
 2. 1st Youth Olympic Games, Singapore (15th – 20th August 2010)
 3. Commonwealth Games, India (3rd – 14th October 2010)
 4. FINA/ ARENA Swimming World Cup Series – SCM (October/ November 2010)
 5. 16th Asian Games, Guangzhou, China (11th – 27th November 2010)
- Please kindly refer to SSA website for selection criteria.

Competition Events

| Events | Juniors | | | | | Seniors | | |
|------------------------|---------|-------|--------|--------|--------|-----------|-----------|---------------|
| | 8 yrs | 9 yrs | 10 yrs | 11 yrs | 12 yrs | 13-14 yrs | 15-17 yrs | 18 yrs & over |
| 50m Freestyle | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 100m Freestyle | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 200m Freestyle | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 400m Freestyle | | | | ✓ | ✓ | ✓ | ✓ | ✓ |
| 50m Breaststroke | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 100m Breaststroke | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 200m Breaststroke | | | | ✓ | ✓ | ✓ | ✓ | ✓ |
| 50m Backstroke | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 100m Backstroke | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 200m Backstroke | | | | ✓ | ✓ | ✓ | ✓ | ✓ |
| 50m Butterfly | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 100m Butterfly | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 200m Butterfly | | | | ✓ | ✓ | ✓ | ✓ | ✓ |
| 200m Individual Medley | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 400m Individual Medley | | | | ✓ | ✓ | ✓ | ✓ | ✓ |

| Events | 12 yrs & under | 13 – 14 yrs | 15 – 17 yrs | 18 yrs & over |
|-------------------------|----------------|-------------|-------------|---------------|
| Boys – 1500m Freestyle* | ✓ | ✓ | ✓ | ✓ |
| Girls – 800m Freestyle* | ✓ | ✓ | ✓ | ✓ |

Order of Events



Junior

| Session 1 • Saturday • 13 March 2010 • Morning • 9:00 a.m. | | |
|--|----------------------|--|
| 100m Freestyle | 8 • 9 • 10 • 11 • 12 | |
| 200m Butterfly | 11 • 12 | |
| 50m Backstroke | 8 • 9 • 10 • 11 • 12 | |
| 400m Individual Medley | 11 • 12 | |
| Session 2 • Saturday • 13 March 2010 • Commence 60 min after morning session | | |
| 200m Backstroke | 11 • 12 | |
| 100m Breaststroke | 8 • 9 • 10 • 11 • 12 | |
| 50m Butterfly | 8 • 9 • 10 • 11 • 12 | |
| 200m Freestyle | 9 • 10 • 11 • 12 | |
| Session 3 • Sunday • 14 March 2010 • Morning • 9:00 a.m. | | |
| 200m Individual Medley | 9 • 10 • 11 • 12 | |
| 50m Freestyle | 8 • 9 • 10 • 11 • 12 | |
| 200m Breaststroke | 11 • 12 | |
| 100m Butterfly | 8 • 9 • 10 • 11 • 12 | |
| Session 4 • Sunday • 14 March 2010 • Commence 60 min after morning session | | |
| 400m Freestyle | 11 • 12 | |
| 50m Breaststroke | 8 • 9 • 10 • 11 • 12 | |
| 100m Backstroke | 8 • 9 • 10 • 11 • 12 | |

Senior

| Session 1 • Wednesday • 17 March 2010 • Evening • 6:30 p.m. | | |
|--|--|-------------|
| 800m Freestyle | 12 & under • 13-14 • 15-17 • 18 & over | Timed Final |
| 1500m Freestyle | 12 & under • 13-14 • 15-17 • 18 & over | Timed Final |
| Session 2 • Thursday • 18 March 2010 • Morning • 9:00 a.m. | | |
| 200m Freestyle | 13-14 • 15-17 • 18 & over | Heat |
| 100m Butterfly | 13-14 • 15-17 • 18 & over | Heat |
| 50m Backstroke | 13-14 • 15-17 • 18 & over | Heat |
| 200m Individual Medley | 13-14 • 15-17 • 18 & over | Heat |
| Session 3 • Thursday • 18 March 2010 • Afternoon • 6:30 p.m. | | |
| 200m Freestyle | 13-14 • 15-17 • 18 & over | Final |
| 100m Butterfly | 13-14 • 15-17 • 18 & over | Final |
| 50m Backstroke | 13-14 • 15-17 • 18 & over | Final |
| 200m Individual Medley | 13-14 • 15-17 • 18 & over | Final |

| Session 4 • Friday • 19 March 2010 • Morning • 9:00 a.m. | | |
|--|---------------------------|-------|
| 100m Backstroke | 13-14 • 15-17 • 18 & over | Heat |
| 400m Freestyle | 13-14 • 15-17 • 18 & over | Heat |
| 100m Breaststroke | 13-14 • 15-17 • 18 & over | Heat |
| 50m Butterfly | 13-14 • 15-17 • 18 & over | Heat |
| Session 5 • Friday • 19 March 2010 • Afternoon • 6:30 p.m. | | |
| 100m Backstroke | 13-14 • 15-17 • 18 & over | Final |
| 400m Freestyle | 13-14 • 15-17 • 18 & over | Final |
| 100m Breaststroke | 13-14 • 15-17 • 18 & over | Final |
| 50m Butterfly | 13-14 • 15-17 • 18 & over | Final |
| Session 6 • Saturday • 20 March 2010 • Morning • 9:00 a.m. | | |
| 400m Individual Medley | 13-14 • 15-17 • 18 & over | Heat |
| 100m Freestyle | 13-14 • 15-17 • 18 & over | Heat |
| 50m Breaststroke | 13-14 • 15-17 • 18 & over | Heat |
| 200m Backstroke | 13-14 • 15-17 • 18 & over | Heat |
| Session 7 • Saturday • 20 March 2010 • Afternoon • 6:30 p.m. | | |
| 400m Individual Medley | 13-14 • 15-17 • 18 & over | Final |
| 100m Freestyle | 13-14 • 15-17 • 18 & over | Final |
| 50m Breaststroke | 13-14 • 15-17 • 18 & over | Final |
| 200m Backstroke | 13-14 • 15-17 • 18 & over | Final |
| Session 8 • Sunday • 21 March 2010 • Morning • 9:00 a.m. | | |
| 200m Breaststroke | 13-14 • 15-17 • 18 & over | Heat |
| 50m Freestyle | 13-14 • 15-17 • 18 & over | Heat |
| 200m Butterfly | 13-14 • 15-17 • 18 & over | Heat |
| Session 9 • Sunday • 21 March 2010 • Afternoon • 6:30 p.m. | | |
| 200m Breaststroke | 13-14 • 15-17 • 18 & over | Final |
| 50m Freestyle | 13-14 • 15-17 • 18 & over | Final |
| 200m Butterfly | 13-14 • 15-17 • 18 & over | Final |

Note

1. The number of foreigners permitted per final is capped at 2.
2. Events will be held in 8 lanes. There is however a possibility of it being held in 10 lanes. This is subject to confirmation.

QETs

| S/N | Event | | | | Meet Record | QET |
|-----|-------|-------|------|-------------------|-------------|----------|
| 1 | 8yrs | Boys | 50m | Freestyle | 00:33.73 | 00:40.48 |
| 2 | 8yrs | Boys | 100m | Freestyle | 01:13.98 | 01:28.78 |
| 3 | 8yrs | Boys | 50m | Backstroke | 00:37.68 | 00:45.22 |
| 4 | 8yrs | Boys | 100m | Backstroke | 01:24.40 | 01:41.28 |
| 5 | 8yrs | Boys | 50m | Breaststroke | 00:43.41 | 00:52.09 |
| 6 | 8yrs | Boys | 100m | Breaststroke | 01:32.72 | 01:51.26 |
| 7 | 8yrs | Boys | 50m | Butterfly | 00:36.55 | 00:43.86 |
| 8 | 8yrs | Boys | 100m | Butterfly | 01:21.49 | 01:37.79 |
| 9 | 8yrs | Girls | 50m | Freestyle | 00:33.16 | 00:39.79 |
| 10 | 8yrs | Girls | 100m | Freestyle | 01:13.74 | 01:28.49 |
| 11 | 8yrs | Girls | 50m | Backstroke | 00:40.34 | 00:48.41 |
| 12 | 8yrs | Girls | 100m | Backstroke | 01:26.22 | 01:43.46 |
| 13 | 8yrs | Girls | 50m | Breaststroke | 00:42.99 | 00:51.59 |
| 14 | 8yrs | Girls | 100m | Breaststroke | 01:32.80 | 01:51.36 |
| 15 | 8yrs | Girls | 50m | Butterfly | 00:35.48 | 00:42.58 |
| 16 | 8yrs | Girls | 100m | Butterfly | 01:23.97 | 01:40.76 |
| 17 | 9yrs | Boys | 50m | Freestyle | 00:31.75 | 00:38.10 |
| 18 | 9yrs | Boys | 100m | Freestyle | 01:09.33 | 01:23.20 |
| 19 | 9yrs | Boys | 200m | Freestyle | 02:30.01 | 03:00.01 |
| 20 | 9yrs | Boys | 50m | Backstroke | 00:36.04 | 00:43.25 |
| 21 | 9yrs | Boys | 100m | Backstroke | 01:17.87 | 01:33.44 |
| 22 | 9yrs | Boys | 50m | Breaststroke | 00:40.59 | 00:48.71 |
| 23 | 9yrs | Boys | 100m | Breaststroke | 01:29.54 | 01:47.45 |
| 24 | 9yrs | Boys | 50m | Butterfly | 00:33.12 | 00:39.74 |
| 25 | 9yrs | Boys | 100m | Butterfly | 01:15.22 | 01:30.26 |
| 26 | 9yrs | Boys | 200m | Individual Medley | 02:51.80 | 03:26.16 |
| 27 | 9yrs | Girls | 50m | Freestyle | 00:31.45 | 00:37.74 |
| 28 | 9yrs | Girls | 100m | Freestyle | 01:08.56 | 01:22.27 |
| 29 | 9yrs | Girls | 200m | Freestyle | 02:30.75 | 03:00.90 |
| 30 | 9yrs | Girls | 50m | Backstroke | 00:36.01 | 00:43.21 |
| 31 | 9yrs | Girls | 100m | Backstroke | 01:18.48 | 01:34.18 |
| 32 | 9yrs | Girls | 50m | Breaststroke | 00:40.33 | 00:48.40 |
| 33 | 9yrs | Girls | 100m | Breaststroke | 01:25.94 | 01:43.13 |
| 34 | 9yrs | Girls | 50m | Butterfly | 00:32.77 | 00:39.32 |
| 35 | 9yrs | Girls | 100m | Butterfly | 01:12.40 | 01:26.88 |

| S/N | Event | | | Meet Record | QET | |
|-----|-------|-------|------|-------------------|----------|----------|
| 36 | 9yrs | Girls | 200m | Individual Medley | 02:47.08 | 03:20.50 |
| 37 | 10yrs | Boys | 50m | Freestyle | 00:29.63 | 00:35.56 |
| 38 | 10yrs | Boys | 100m | Freestyle | 01:03.90 | 01:16.68 |
| 39 | 10yrs | Boys | 200m | Freestyle | 02:20.45 | 02:48.54 |
| 40 | 10yrs | Boys | 50m | Backstroke | 00:34.81 | 00:41.77 |
| 41 | 10yrs | Boys | 100m | Backstroke | 01:12.92 | 01:27.50 |
| 42 | 10yrs | Boys | 50m | Breaststroke | 00:37.84 | 00:45.41 |
| 43 | 10yrs | Boys | 100m | Breaststroke | 01:24.25 | 01:41.10 |
| 44 | 10yrs | Boys | 50m | Butterfly | 00:32.04 | 00:38.45 |
| 45 | 10yrs | Boys | 100m | Butterfly | 01:09.25 | 01:23.10 |
| 46 | 10yrs | Boys | 200m | Individual Medley | 02:38.84 | 03:10.61 |
| 47 | 10yrs | Girls | 50m | Freestyle | 00:29.67 | 00:35.60 |
| 48 | 10yrs | Girls | 100m | Freestyle | 01:04.29 | 01:17.15 |
| 49 | 10yrs | Girls | 200m | Freestyle | 02:22.97 | 02:51.56 |
| 50 | 10yrs | Girls | 50m | Backstroke | 00:34.07 | 00:40.88 |
| 51 | 10yrs | Girls | 100m | Backstroke | 01:13.79 | 01:28.55 |
| 52 | 10yrs | Girls | 50m | Breaststroke | 00:36.61 | 00:43.93 |
| 53 | 10yrs | Girls | 100m | Breaststroke | 01:19.10 | 01:34.92 |
| 54 | 10yrs | Girls | 50m | Butterfly | 00:31.56 | 00:37.87 |
| 55 | 10yrs | Girls | 100m | Butterfly | 01:10.44 | 01:24.53 |
| 56 | 10yrs | Girls | 200m | Individual Medley | 02:37.45 | 03:08.94 |
| 57 | 11yrs | Boys | 50m | Freestyle | 00:27.53 | 00:33.04 |
| 58 | 11yrs | Boys | 100m | Freestyle | 00:59.22 | 01:11.06 |
| 59 | 11yrs | Boys | 200m | Freestyle | 02:12.19 | 02:38.63 |
| 60 | 11yrs | Boys | 400m | Freestyle | 04:40.17 | 05:36.20 |
| 61 | 11yrs | Boys | 50m | Backstroke | 00:32.16 | 00:38.59 |
| 62 | 11yrs | Boys | 100m | Backstroke | 01:08.03 | 01:21.64 |
| 63 | 11yrs | Boys | 200m | Backstroke | 02:31.02 | 03:01.22 |
| 64 | 11yrs | Boys | 50m | Breaststroke | 00:35.06 | 00:42.07 |
| 65 | 11yrs | Boys | 100m | Breaststroke | 01:16.55 | 01:31.86 |
| 66 | 11yrs | Boys | 200m | Breaststroke | 02:47.45 | 03:20.94 |
| 67 | 11yrs | Boys | 50m | Butterfly | 00:29.48 | 00:35.38 |
| 68 | 11yrs | Boys | 100m | Butterfly | 01:05.04 | 01:18.05 |
| 69 | 11yrs | Boys | 200m | Butterfly | 02:24.47 | 02:53.36 |
| 70 | 11yrs | Boys | 200m | Individual Medley | 02:28.54 | 02:58.25 |

| S/N | Event | | | | Meet Record | QET |
|-----|---------------|-------|-------|-------------------|-------------|----------|
| 71 | 11yrs | Boys | 400m | Individual Medley | 05:14.75 | 06:17.70 |
| 72 | 11yrs | Girls | 50m | Freestyle | 00:28.24 | 00:33.89 |
| 73 | 11yrs | Girls | 100m | Freestyle | 01:02.22 | 01:14.66 |
| 74 | 11yrs | Girls | 200m | Freestyle | 02:14.93 | 02:41.92 |
| 75 | 11yrs | Girls | 400m | Freestyle | 04:42.95 | 05:39.54 |
| 76 | 11yrs | Girls | 50m | Backstroke | 00:32.25 | 00:38.70 |
| 77 | 11yrs | Girls | 100m | Backstroke | 01:09.94 | 01:23.93 |
| 78 | 11yrs | Girls | 200m | Backstroke | 02:30.08 | 03:00.10 |
| 79 | 11yrs | Girls | 50m | Breaststroke | 00:34.75 | 00:41.70 |
| 80 | 11yrs | Girls | 100m | Breaststroke | 01:15.42 | 01:30.50 |
| 81 | 11yrs | Girls | 200m | Breaststroke | 02:42.53 | 03:15.04 |
| 82 | 11yrs | Girls | 50m | Butterfly | 00:30.36 | 00:36.43 |
| 83 | 11yrs | Girls | 100m | Butterfly | 01:07.68 | 01:21.22 |
| 84 | 11yrs | Girls | 200m | Butterfly | 02:34.22 | 03:05.06 |
| 85 | 11yrs | Girls | 200m | Individual Medley | 02:27.63 | 02:57.16 |
| 86 | 11yrs | Girls | 400m | Individual Medley | 05:26.32 | 06:31.58 |
| 87 | 12yrs | Boys | 50m | Freestyle | 00:26.04 | 00:31.25 |
| 88 | 12yrs | Boys | 100m | Freestyle | 00:56.35 | 01:07.62 |
| 89 | 12yrs | Boys | 200m | Freestyle | 02:04.72 | 02:29.66 |
| 90 | 12yrs | Boys | 400m | Freestyle | 04:22.39 | 05:14.87 |
| 91 | 12yrs | Boys | 50m | Backstroke | 00:30.97 | 00:37.16 |
| 92 | 12yrs | Boys | 100m | Backstroke | 01:06.51 | 01:19.81 |
| 93 | 12yrs | Boys | 200m | Backstroke | 02:22.37 | 02:50.84 |
| 94 | 12yrs | Boys | 50m | Breaststroke | 00:31.27 | 00:37.52 |
| 95 | 12yrs | Boys | 100m | Breaststroke | 01:10.07 | 01:24.08 |
| 96 | 12yrs | Boys | 200m | Breaststroke | 02:33.19 | 03:03.83 |
| 97 | 12yrs | Boys | 50m | Butterfly | 00:27.38 | 00:32.86 |
| 98 | 12yrs | Boys | 100m | Butterfly | 01:00.78 | 01:12.94 |
| 99 | 12yrs | Boys | 200m | Butterfly | 02:21.42 | 02:49.70 |
| 100 | 12yrs | Boys | 200m | Individual Medley | 02:19.15 | 02:46.98 |
| 101 | 12yrs | Boys | 400m | Individual Medley | 04:58.29 | 05:57.95 |
| 102 | 12yrs & Under | Boys | 1500m | Freestyle | 17:33.70 | 20:11.76 |
| 103 | 12yrs | Girls | 50m | Freestyle | 00:27.88 | 00:33.46 |
| 104 | 12yrs | Girls | 100m | Freestyle | 01:00.30 | 01:12.36 |
| 105 | 12yrs | Girls | 200m | Freestyle | 02:09.40 | 02:35.28 |

| S/N | Event | | | Meet Record | QET | |
|-----|---------------|-------|-------|-------------------|----------|----------|
| 106 | 12yrs | Girls | 400m | Freestyle | 04:31.74 | 05:26.09 |
| 107 | 12yrs | Girls | 50m | Backstroke | 00:32.63 | 00:39.16 |
| 108 | 12yrs | Girls | 100m | Backstroke | 01:08.72 | 01:22.46 |
| 109 | 12yrs | Girls | 200m | Backstroke | 02:26.98 | 02:56.38 |
| 110 | 12yrs | Girls | 50m | Breaststroke | 00:34.48 | 00:41.38 |
| 111 | 12yrs | Girls | 100m | Breaststroke | 01:14.95 | 01:29.94 |
| 112 | 12yrs | Girls | 200m | Breaststroke | 02:43.13 | 03:15.76 |
| 113 | 12yrs | Girls | 50m | Butterfly | 00:30.00 | 00:36.00 |
| 114 | 12yrs | Girls | 100m | Butterfly | 01:05.96 | 01:19.15 |
| 115 | 12yrs | Girls | 200m | Butterfly | 02:20.22 | 02:48.26 |
| 116 | 12yrs | Girls | 200m | Individual Medley | 02:27.61 | 02:57.13 |
| 117 | 12yrs | Girls | 400m | Individual Medley | 05:01.40 | 06:01.68 |
| 118 | 12yrs & Under | Girls | 800m | Freestyle | 09:27.92 | 10:53.11 |
| 119 | 13 - 14yrs | Boys | 50m | Freestyle | 00:25.00 | 00:30.00 |
| 120 | 13 - 14yrs | Boys | 100m | Freestyle | 00:54.19 | 01:05.03 |
| 121 | 13 - 14yrs | Boys | 200m | Freestyle | 01:58.02 | 02:21.62 |
| 122 | 13 - 14yrs | Boys | 400m | Freestyle | 04:11.14 | 05:01.37 |
| 123 | 13 - 14yrs | Boys | 1500m | Freestyle | 16:49.54 | 19:20.97 |
| 124 | 13 - 14yrs | Boys | 50m | Backstroke | 00:28.72 | 00:34.46 |
| 125 | 13 - 14yrs | Boys | 100m | Backstroke | 01:01.10 | 01:13.32 |
| 126 | 13 - 14yrs | Boys | 200m | Backstroke | 02:14.06 | 02:40.87 |
| 127 | 13 - 14yrs | Boys | 50m | Breaststroke | 00:30.53 | 00:36.64 |
| 128 | 13 - 14yrs | Boys | 100m | Breaststroke | 01:06.89 | 01:20.27 |
| 129 | 13 - 14yrs | Boys | 200m | Breaststroke | 02:28.05 | 02:57.66 |
| 130 | 13 - 14yrs | Boys | 50m | Butterfly | 00:26.36 | 00:31.63 |
| 131 | 13 - 14yrs | Boys | 100m | Butterfly | 00:57.90 | 01:09.48 |
| 132 | 13 - 14yrs | Boys | 200m | Butterfly | 02:09.95 | 02:35.94 |
| 133 | 13 - 14yrs | Boys | 200m | Individual Medley | 02:14.65 | 02:41.58 |
| 134 | 13 - 14yrs | Boys | 400m | Individual Medley | 04:49.51 | 05:47.41 |
| 135 | 13 - 14yrs | Girls | 50m | Freestyle | 00:27.45 | 00:32.94 |
| 136 | 13 - 14yrs | Girls | 100m | Freestyle | 00:58.95 | 01:10.74 |
| 137 | 13 - 14yrs | Girls | 200m | Freestyle | 02:06.98 | 02:32.38 |
| 138 | 13 - 14yrs | Girls | 400m | Freestyle | 04:27.53 | 05:21.04 |
| 139 | 13 - 14yrs | Girls | 800m | Freestyle | 09:03.89 | 10:25.47 |
| 140 | 13 - 14yrs | Girls | 50m | Backstroke | 00:30.15 | 00:36.18 |

| S/N | Event | | | Meet Record | QET | |
|-----|------------|-------|-------|-------------------|----------|----------|
| 141 | 13 - 14yrs | Girls | 100m | Backstroke | 01:05.12 | 01:18.14 |
| 142 | 13 - 14yrs | Girls | 200m | Backstroke | 02:23.37 | 02:52.04 |
| 143 | 13 - 14yrs | Girls | 50m | Breaststroke | 00:34.30 | 00:41.16 |
| 144 | 13 - 14yrs | Girls | 100m | Breaststroke | 01:15.84 | 01:31.01 |
| 145 | 13 - 14yrs | Girls | 200m | Breaststroke | 02:41.10 | 03:13.32 |
| 146 | 13 - 14yrs | Girls | 50m | Butterfly | 00:27.79 | 00:33.35 |
| 147 | 13 - 14yrs | Girls | 100m | Butterfly | 01:01.69 | 01:14.03 |
| 148 | 13 - 14yrs | Girls | 200m | Butterfly | 02:18.13 | 02:45.76 |
| 149 | 13 - 14yrs | Girls | 200m | Individual Medley | 02:25.27 | 02:54.32 |
| 150 | 13 - 14yrs | Girls | 400m | Individual Medley | 04:58.06 | 05:57.67 |
| 151 | 15 - 17yrs | Boys | 50m | Freestyle | 00:24.00 | 00:28.80 |
| 152 | 15 - 17yrs | Boys | 100m | Freestyle | 0:52.67 | 01:03.20 |
| 153 | 15 - 17yrs | Boys | 200m | Freestyle | 01:53.78 | 02:16.54 |
| 154 | 15 - 17yrs | Boys | 400m | Freestyle | 04:07.73 | 04:57.28 |
| 155 | 15-17yrs | Boys | 1500m | Freestyle | 16:34.48 | 19:03.65 |
| 156 | 15 - 17yrs | Boys | 50m | Backstroke | 00:26.96 | 00:32.35 |
| 157 | 15 - 17yrs | Boys | 100m | Backstroke | 00:58.19 | 01:09.83 |
| 158 | 15 - 17yrs | Boys | 200m | Backstroke | 02:08.29 | 02:33.95 |
| 159 | 15 - 17yrs | Boys | 50m | Breaststroke | 00:29.88 | 00:35.86 |
| 160 | 15 - 17yrs | Boys | 100m | Breaststroke | 01:06.36 | 01:19.63 |
| 161 | 15 - 17yrs | Boys | 200m | Breaststroke | 02:24.83 | 02:53.80 |
| 162 | 15 - 17yrs | Boys | 50m | Butterfly | 00:25.73 | 00:30.88 |
| 163 | 15 - 17yrs | Boys | 100m | Butterfly | 00:56.57 | 01:07.88 |
| 164 | 15 - 17yrs | Boys | 200m | Butterfly | 02:03.61 | 02:28.33 |
| 165 | 15 - 17yrs | Boys | 200m | Individual Medley | 02:09.26 | 02:35.11 |
| 166 | 15 - 17yrs | Boys | 400m | Individual Medley | 04:35.61 | 05:30.73 |
| 167 | 15 - 17yrs | Girls | 50m | Freestyle | 00:25.80 | 00:30.96 |
| 168 | 15 - 17yrs | Girls | 100m | Freestyle | 00:55.80 | 01:06.96 |
| 169 | 15 - 17yrs | Girls | 200m | Freestyle | 02:01.18 | 02:25.42 |
| 170 | 15 - 17yrs | Girls | 400m | Freestyle | 04:22.15 | 05:14.58 |
| 171 | 15 - 17yrs | Girls | 800m | Freestyle | 09:14.32 | 10:37.47 |
| 172 | 15 - 17yrs | Girls | 50m | Backstroke | 00:29.20 | 00:35.04 |
| 173 | 15 - 17yrs | Girls | 100m | Backstroke | 01:03.42 | 01:16.10 |
| 174 | 15 - 17yrs | Girls | 200m | Backstroke | 02:23.93 | 02:52.72 |
| 175 | 15 - 17yrs | Girls | 50m | Breaststroke | 00:34.11 | 00:40.93 |

| S/N | Event | | | Meet Record | QET | |
|-----|--------------|-------|-------|-------------------|----------|----------|
| 176 | 15 - 17yrs | Girls | 100m | Breaststroke | 01:13.58 | 01:28.30 |
| 177 | 15 - 17yrs | Girls | 200m | Breaststroke | 02:39.87 | 03:11.84 |
| 178 | 15 - 17yrs | Girls | 50m | Butterfly | 00:28.57 | 00:34.28 |
| 179 | 15 - 17yrs | Girls | 100m | Butterfly | 01:02.32 | 01:14.78 |
| 180 | 15 - 17yrs | Girls | 200m | Butterfly | 02:15.31 | 02:42.37 |
| 181 | 15 - 17yrs | Girls | 200m | Individual Medley | 02:19.19 | 02:47.03 |
| 182 | 15 - 17yrs | Girls | 400m | Individual Medley | 04:57.23 | 05:56.68 |
| 183 | 18yrs & Over | Boys | 50m | Freestyle | 00:23.55 | 00:28.26 |
| 184 | 18yrs & Over | Boys | 100m | Freestyle | 00:51.39 | 01:01.67 |
| 185 | 18yrs & Over | Boys | 200m | Freestyle | 01:55.02 | 02:18.02 |
| 186 | 18yrs & Over | Boys | 400m | Freestyle | 04:05.02 | 04:54.02 |
| 187 | 18yrs & Over | Boys | 1500m | Freestyle | 16:22.82 | 18:50.24 |
| 188 | 18yrs & Over | Boys | 50m | Backstroke | 00:27.54 | 00:33.05 |
| 189 | 18yrs & Over | Boys | 100m | Backstroke | 00:59.29 | 01:11.15 |
| 190 | 18yrs & Over | Boys | 200m | Backstroke | 02:08.70 | 02:34.44 |
| 191 | 18yrs & Over | Boys | 50m | Breaststroke | 00:29.59 | 00:35.51 |
| 192 | 18yrs & Over | Boys | 100m | Breaststroke | 01:05.44 | 01:18.53 |
| 193 | 18yrs & Over | Boys | 200m | Breaststroke | 02:20.71 | 02:48.85 |
| 194 | 18yrs & Over | Boys | 50m | Butterfly | 00:25.60 | 00:30.72 |
| 195 | 18yrs & Over | Boys | 100m | Butterfly | 00:55.80 | 01:06.96 |
| 196 | 18yrs & Over | Boys | 200m | Butterfly | 02:10.63 | 02:36.76 |
| 197 | 18yrs & Over | Boys | 200m | Individual Medley | 02:09.43 | 02:35.32 |
| 198 | 18yrs & Over | Boys | 400m | Individual Medley | 04:37.04 | 05:32.45 |
| 199 | 18yrs & Over | Girls | 50m | Freestyle | 00:27.07 | 00:32.48 |
| 200 | 18yrs & Over | Girls | 100m | Freestyle | 00:58.22 | 01:09.86 |
| 201 | 18yrs & Over | Girls | 200m | Freestyle | 02:09.37 | 02:35.24 |
| 202 | 18yrs & Over | Girls | 400m | Freestyle | 04:31.94 | 05:26.33 |
| 203 | 18yrs & Over | Girls | 800m | Freestyle | 09:12.41 | 10:35.27 |
| 204 | 18yrs & Over | Girls | 50m | Backstroke | 00:30.07 | 00:36.08 |
| 205 | 18yrs & Over | Girls | 100m | Backstroke | 01:05.64 | 01:18.77 |
| 206 | 18yrs & Over | Girls | 200m | Backstroke | 02:24.09 | 02:52.91 |
| 207 | 18yrs & Over | Girls | 50m | Breaststroke | 00:35.77 | 00:42.92 |
| 208 | 18yrs & Over | Girls | 100m | Breaststroke | 01:19.27 | 01:35.12 |
| 209 | 18yrs & Over | Girls | 200m | Breaststroke | 02:39.87 | 03:11.84 |
| 210 | 18yrs & Over | Girls | 50m | Butterfly | 00:27.58 | 00:33.10 |
| S/N | Event | | | Meet Record | QET | |
| 211 | 18yrs & Over | Girls | 100m | Butterfly | 01:02.32 | 01:14.78 |
| 212 | 18yrs & Over | Girls | 200m | Butterfly | 02:15.31 | 02:42.37 |
| 213 | 18yrs & Over | Girls | 200m | Individual Medley | 02:41.11 | 03:13.33 |
| 214 | 18yrs & Over | Girls | 400m | Individual Medley | 05:06.27 | 06:07.52 |